

Louise D. Shavings, MSW
National Resource Center for American Indians, Alaska Natives and Native
Hawaiian Elders
University of Alaska Anchorage

Education

Masters Degree, Masters in Social Work, University of Alaska Anchorage, May 2006

Baccalaureate Degree: Bachelors in Social Work from the University of Alaska Anchorage May 1998.

AAS in Human Services from UAA, December 1995

Current Position

Research Associate, National Resource Center for American Indians, Alaska Natives and Native Hawaiian Elders, University of Alaska Anchorage, May 2004 to present:

Conduct qualitative interviews with elders, data analysis, and assist in publishing findings, obtain literature to support research, attend workshops, presentation on findings, transcribe and translate Yupik/Cupik interviews into English, attend staff meetings.

Research Assistant, Institute for Circumpolar Health Studies, University of Alaska Anchorage. October 2004 to present:

Worked on projects for the National Resource Center for American Indians, Alaska Natives & Native Hawaiian Elders, Maternal & Child Health, Center for Alaska Native Health Research & the Traditional Healing Program. Literature review searches, conduct quantitative surveys and qualitative interviews, analyze and disseminate data, assist with publication submission, translate English into Cupik and disseminate findings, attend workshops, conferences, trainings and work with research team with other duties as assigned.

Research Assistant, Center for Alcohol and Addiction Studies, University of Alaska Anchorage. August 2001 to 10/2004. Literature searches, conduct quantitative surveys, analyze data, assist in conducting program evaluation, co-facilitation on disseminating findings, editing reports, co-facilitation on cultural presentations, give trainings on Alaska Native cultures and approaches, attend substance abuse workshops/conferences in state and nationally.

Clinical Experience

Practicum Placement, Health and Social Services, 2005-2006, Chugachmiut, Inc.

Practicum Placement, Family Unit, South Central Counseling Center (A Community Mental health Program) 2003-2004.

Clinical Associate II, The Pathway Home, a residential treatment program for Alaska Native adolescents administered by Southcentral Foundation, Anchorage, AK. April-

August 2001. Left to take a temporary position as a Research Assistant to advance my career in the field of substance abuse.

Outpatient Chemical Dependency Counselor, Alaska Women's Resource Center, Anchorage, AK 5/98 to 12/00.

Mental Health Worker, Quyana House, Southcentral Foundation, Anchorage AK 2/97-8/97.

Counselor Technician, Alaska North Addictions Recovery Center, Anchorage AK 6/96 to 8/97.

Substance abuse Counselor volunteer with Anchorage Veterans, Anchorage, AK 1996-1997.

Substance Abuse Counselor Volunteer. Alaska Native Alcoholism Recovery Center. Anchorage, AK. 1994-1995.

Publication:

Shavings, L. & Graves, K. (2005). Our View of Dignified Aging: Listening to the Voices of Our Elders. *Journal of Native Aging & Health* 1 (1).

Presentation

Graves, K., & Shavings, L. (2005, June). Our View of Dignified Aging: Listening to the Voices of Our Elders. Alaska Geriatric Education Center's Best Practices in Elder Health. The British Petroleum Center in Anchorage, Alaska. June 9-10, 2005.

Rosich, Rose Ellen, & **Shavings, L.** (2004, December). Improving the Health of Older Women of Color: Identifying Issues and Developing Strategies. Poster Presentation at Stanford University School of Medicine, Palo Alto, California. December 10-11, 2004.

Segal, B., Hesselbrock, V., & **Shavings, L.** (2004, June). Drinking and Trauma Among Homeless and Non-Homeless Alaska Natives. Poster to be presented at the annual meeting of the Research Society on Alcoholism, Vancouver, B.C., June 26-30, 2004.

Segal, B. & **Shavings, L.** (2004, April). Healing PTSD & Substance Disorders in Native American Woman and Girls. Paper presented at Gathering Together, Healing Together meeting, Bow, Washington, April 29-30, 2004.