

Life experience counts.

Helping others can be a career.

Things that shouldn't happen in a child's life, happened to me, including separation from my parents and subsequent child abuse.

I struggled through six different high schools, both in and out of Alaska. A resilient spirit and a strong faith helped me graduate and keep on.

I got through a few college semesters. But I couldn't figure out what I wanted to do with my life.

**Then I took my first
psychology class.
It seemed so familiar.
The people? I knew them.
The stories? I had lived them.**



With loans and part time jobs, I finished college, found a health related job and even though a single mom for a time, continued studying. Now I'm in a special PhD program in psychology with a focus on the needs of our Alaska Native rural communities.

**There are 1000 open jobs
available in Alaska to help**

beneficiaries of the Alaska Mental Health Trust, people with mental illnesses, developmental disabilities, brain injuries, alcohol and substance use disorders, Alzheimer's Disease and related dementias—all issues that impact every Alaskan in some way.

Positions are open at every level, all over Alaska.

Curious? Find out more: aadsc.org

**It's about giving
back—using life
experiences to help
others find healing
and value in their
own lives.**

You KNOW me
The Alaska Mental Health Trust
www.mhtrust.org

The TRUST